

# solutions



**Q** How can I keep my nose from getting dry and flaky in the cold weather?

**A** Your face is the one part of your body that's fully exposed to the winter elements, and because it protrudes, your poor nose takes the brunt of the damage. Winter colds don't help, either. Before you venture outside, apply a creamy (not greasy) moisturizer that's specifically designed for dry skin, says Chérie Ditre, M.D., assistant professor of dermatology at the University of Pennsylvania. The cult classic (and Japan's best-selling moisturizer) **Yu-Be Moisturizing Skin Cream, \$15, [yu-be.com](http://yu-be.com)**, is pumped with vitamin E, vitamin B<sub>5</sub>, and camphor, which helps soothe minor skin irritations. Another good option is **Pond's Dry Skin Cream, \$7, drugstores** — perfect for winterproofing a chapped nose. If your nose is already scaly, don't pick at the dead skin. Instead, gently exfoliate the area with a cleanser and a soft, moist cloth, and then promptly apply a moisturizer.



**Q** Help! My red shirt got mixed in with other clothes and turned everything pink. Is there anything I can do?

**A** First off, don't dry the clothes, or you'll set the color. Wash them again with detergent and color-safe bleach. If that doesn't work, pick up **Rit Color Remover, \$3, drugstores**.



**Q** We just got a new car seat for our baby, and I'm worried that we don't have it installed properly. How can I find out?

**A** With such precious cargo, you're smart to be concerned. Thankfully, many local fire and police departments are happy to help you secure a baby or toddler seat. Call the precinct or station house first, though, to make sure yours offers this service. Also check out the American Academy of Pediatrics Web site at [aap.org/family/carseatguide.htm](http://aap.org/family/carseatguide.htm) for safety tips.



**Q** I'd love to try the pants-tucked-into-tall-boots look, but how do I keep my jeans from bunching up?

**A** Easy: Start by wearing straight-leg or narrow pants — you'll have less fabric to work with. To keep the pants in place, tuck them into your kneesocks before slipping on your boots.



**Q** My husband and I both like to charge our cell phones in the outlet by the door, but they don't fit at the same time, and we don't want a power strip on the floor. Any other options?

**A** Good news! Every once in a while, a gadget comes along that makes life easier, like **360 Electrical**, which lets you put two bulky plugs into the same electrical outlet without having to use a power strip. It's designed to fit into a standard-size electrical box, so all you need is a screwdriver to swap the outlet faces. **360 Electrical outlets, about \$8, [360electrical.com](http://360electrical.com)**